

# **Team Safety Person**

## TEAM SAFETY PERSON/TRAINER DESCRIPTION TEMPLATE

### **POSITION – TEAM SAFETY PERSON/TRAINER**

LEVEL:

#### **LEVEL OF PLAY:**

**OBJECTIVE:** Under the guidance of the ~ASSOCIATION~ perform Safety Person/Trainer duties for the ~TEAM NAME and LEVEL~. As a hockey Safety Person, your primary responsibility is to ensure that safety is the first priority at all times during all hockey-related activities, both on and off the ice. You must play a leadership role in enhancing the safety of players and all others involved with amateur hockey

#### QUALIFICATIONS

- Knowledge of the game of hockey.
- Strong interest and commitment to child/athlete development.
- Ability to work with parents and fellow coaching personnel.
- Ability to communicate on and off-ice requirements to players and parents.
- Available to meet time requirements.
- As a minimum completion of the Hockey Canada Safety Program or the Hockey Trainer's Certification Program (Level 1).

#### **JOB RESPONSIBILITIES**

- Implementing an effective Risk Management program with your team that strives to prevent injuries and accidents before they happen.
- Taking on a proactive role in identifying and minimizing or eliminating risks during all activities and if ever in doubt, erring on the side of caution.
- Promoting and reflecting the values of Fair Play and instilling these values in all participants and others involved in amateur hockey.
- Ensuring that all players are provided with meaningful opportunities and enjoyable experiences free from physical and/or emotional maltreatment.



- Conducting regular checks of player's equipment to ensure proper fit, protective quality and maintenance and advising players and parents regarding the purchase of protective equipment.
- Promoting proper conditioning and warm-up techniques as effective methods of injury prevention.
- Maintaining accurate medical history files on all players and bringing these to all games and practices.
- Maintaining a Player Injury Report Log.
- Maintaining a fully stocked First Aid Kit and bringing it to all games and practices.
- Implementing an effective Emergency Action Plan with your team and practicing it regularly to ensure all involved understand their roles.
- Recognizing life-threatening and significant injuries, and being prepared to deal with serious injury.
- Managing minor injuries according to basic injury management principles and referring players to medical professionals when necessary.
- Recognizing injuries that require a player to be removed from action, referring players to medical professionals and coordinating return to play.
- Promoting a healthy lifestyle with all hockey participants by being a good role model while educating participants regarding hygiene, performanceenhancing substances, drug and alcohol abuse, nutrition and hydration.
- Facilitating communication with players, coaches, physicians, therapists, paramedical personnel, parents, officials and other volunteers regarding safety, injury prevention and player's health status.
- Acting as a Safety Person for both your team and your opponents if only one Safety Person is present.

## TIME COMMITMENT

 Weekly practices and/or games; usually approximately 2-3 hours in duration.



- Tournaments (home and away).
  Team off ice sessions as determined by the coaches.
  Team meetings as necessary.
  Record keeping with respect to player medical information and injury logs.