



- 1. The U18 Fall Camp will be played under the official Hockey Canada/Hockey Alberta Rules, with the exception of the following camp adjustments.
- 2. On-Ice Warm-Up
 - a. At game time, both teams will be given a 5 minute warm up period with the ice will not be resurfaced afterwards.
- 3. Game Time
 - a. The length of all games will be 3 20 minute, stop-time periods with the ice being resurfaced between each period.
 - b. ****time permitting**** Regardless of the score after regulation, teams will play a full (not sudden victory) 5 minute 3 v 3 player overtime period following a 2 minute intermission break. The teams will remain in the same end as they defended in the 3rd period.
 - c. ****time permitting**** At the conclusion of regulation and overtime, teams will go into a 5 players shootout (alternate shots)

***Please note that the "overtime" format is subject to change. Any changes made must be approved by both teams.

- 4. Following a stoppage of play for an icing infraction (Hybrid Icing), the offending team is prohibited from making a change until the play has resumed.
- 5. When any player or goalkeeper, while in her defending zone, shoots, throws, or bats the puck with her hand or stick directly (non-deflected) out of the playing area, except where there is no glass, a minor penalty shall be assessed for delaying the game.
- 6. Shootout (at the end of every game):
 - i. Referee will allot a 1 minute break. Ice will not be resurfaced, teams will not change ends.
 - ii. The teams would participate in a shoot-out. Home team will shoot first in the shootout. Teams will assign 5 shooters per team.
 - iii. If there is a difference in the amount of goals scored between the two teams after 5 shooters per team, the team with the highest total wins the shootout. If each team scores the same amount of goals, the shootout will remain a tie.
- 7. Each team will be allowed 1 30 second time out per game.