## Fair Play Codes

Hockey is an emotional sport. Whether it is the behaviour of our kids on the ice, our parenting comments in the car, or the remarks and actions of spectators in the arena, we all share a responsibility to conduct ourselves in a way that creates a positive culture around the sport we love. Hockey Alberta encourages all players, parents, and spectators to abide by the following Fair Play Codes from Hockey Canada.

**Players**

**1)  I will play hockey because I want to, not just because others or coaches want me to.**

**2)  I will play by the rules of hockey and in the spirit of the game.**

**3)  I will control my temper - fighting and “mouthing off” can spoil the activity for everybody.**

**4)  I will respect my opponents.**

**5)  I will do my best to be a true team player.**

**6)  I will remember that winning isn’t everything – that having fun, improving skills, making friends and doing my best are also important.**

**7)  I will acknowledge all good plays and performances - those of my team and of my opponents.**

**8)  I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.**

**Parents**

**1)  I will not force my child to participate in hockey.**

**2)  I will remember that my child plays hockey for his or her enjoyment, not for mine.**

**3)  I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.**

**4)  I will teach my child that doing one’s best is as important as winning so that my child will never feel defeated by the outcome of a game.**

**5)  I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.**

**6)  I will never ridicule or yell at my child for making a mistake or losing a game.**

**7)  I will remember that children learn best by example.**

**8)  I will applaud good plays/performances by both my child’s team and their opponents.**

**9)  I will never question the officials’ judgement or honesty in public.**

**10)  I will support all efforts to remove verbal and physical abuse from children’s hockey games.**

**11)  I will respect and show appreciation for the volunteer coaches who give their time to coach hockey for my child.**

**Spectators**

**1)  I will remember that participants play hockey for their enjoyment. They are not playing to entertain me.**

**2)  I will not have unrealistic expectations. I will remember that players are not professionals and cannot be judged by professional standards.**

**3)  I will respect the officials’ decisions and I will encourage participants to do the same.**

**4)  I will never ridicule a player for making a mistake during a game.**

**5)  I will give positive comments that motivate and encourage continued effort.**

**6)  I will condemn the use of violence in any form and will express my disapproval in an appropriate manner to coaches and league officials.**

**7)  I will show respect for my team’s opponents, because without them there would be no game.**

**8)  I will not use bad language, nor will I harass players, coaches, officials or other spectators.**