

Novice Attack - 0 mins 12:23pm

X1 - Puck Retriever, retrieves puck from net on goal or stoppage in play. X1 is player closest to the net.

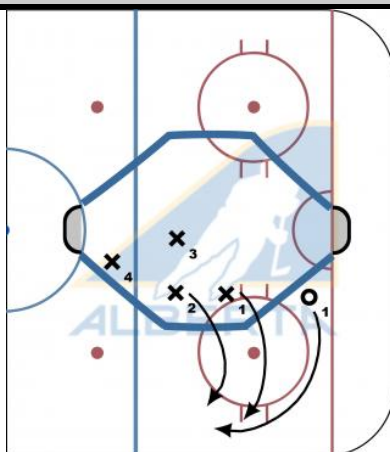
X2 - Middle Driver, drives to opponents net.

X3 - Strongside Driver, curls wide and receives a pass from X1.

X4 - Weakside Driver, curls wide and drives net.

X3 Strongside driver 6 options (puck carrier)

1. Drive net for a shot
2. Hit middle driver X2 with a pass
3. Hit weakside driver X4 with a pass
4. Hit puck retriever X1 with a pass in high slot
5. Gain zone and use ice behind net
6. Turn back (delay) to evade defensive pressure

Novice Defend - 0 mins 12:23pm

X1 - Puck pressure with separation and recovery

X2 - Support with puck recovery

X3 - Middle support (D-Side)

X4 - Net front support (D-Side)

- X1 is player closest to the puck
- X2 is player second closest to the puck
- Protect the house and pressure inside out funneling wide.
- Puck separation (stick on puck & stick lifts)
- Puck recovery (be aggressive with good body position)