



Remote Outfitting Package

This Remote Outfitting Package has been created to enhance our ability to provide appropriate sizes of equipment to clients throughout Southern Alberta.

Comrie's Sports Equipment Bank is committed to doing the best job we can at finding the proper fit of equipment to ensure the safety of each child. By properly measuring your child you are doing your part in making sure your child is safe when taking part in their chosen sport(s). A remote outfitting package is to be completed for every family requesting equipment that is not able to make it into the shop for a proper outfitting. Below you will find a description on how to best complete the measurements of your child. Each child requesting equipment will need to fill in a remote outfitting package. These measurements are meant to be comprehensive and help us outfit for almost every sport. However, we may require additional measurements depending on your request.

In this package you will find:

- 1. Measurement instructions (page 2)**
- 2. A blank measurement form (page 4)**
- 3. A foot tracing page (page 5)**
- 4. A hand tracing page (page 6)**

Different sports require different measurements. Please refer to the Equipment Measurement Legend to find out what measurements are required for your request.

A soft tape measure is best to use to take these measurements. If you do not have one they can be purchased at most dollar stores.

Videos of how to complete each measurement can be found at:

www.comriessportsequipmentbank.org



Remote Outfitting Package

Measurement Instructions

Measure in inches and pounds unless otherwise indicated.

Age

Age helps contribute to equipment selection, but more specific measurements are needed.

Armpit Height

Measure from the child's armpit straight down to the floor.

Bicep Circumference

Measure all the way around the middle of the child's bicep.

Chest Circumference

Measure around the middle of the child's chest.

Elbow Length

Measure from the middle of your bicep to the middle of your forearm with the child's elbow at 90-degrees.

Floor to Bent Arm Height

Have the child hold their arm at a 90-degree angle and measure the distance from their underarm to the floor.

Floor to Wrist Height

Have the child stand straight with their hands down by their side. Measure from their wrist straight down to the floor.

Foot Size

Trace the child's left foot on the provided sheet. Ensure the child is wearing a sock and has this sock pulled tight.

Head Circumference

Measure the child's head circumference (all the way around), just above the eyebrows, behind the top of the ears and over the large 'bump' at the back of the skull. Pull the tape measure gently snug, but not tight.

Height

Have the child stand up straight against a wall and measure from the floor to the top of their head.

Inseam

Measure from the child's groin, straight down the inside of their leg, to the floor.



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Left/Right

This does **not** refer to whether your child is left or right handed. Many athletes' dominant playing hand is opposite of their writing hand. Please indicate the child's preference for each applicable sport.

Leg Length

Measure from the center of the child's hips down the leg to the top of the ankle bone.

Mid-Thigh Length

Measure from the middle of the thigh down the leg to the top of the ankle bone.

Nose Height

Measure the length from the bottom of the child's nose straight down to the ground.

Overhead Wrist Length

Have the child stand straight with one arm raised straight up in the air above the child's head. Measure from their wrist straight down to the floor.

Shin Length

Measure from the middle of the knee to the top of the ankle bone.

Shoe Size

Indicate your child's US shoe size.

Shoulder Width

Measure from the tip of the child's shoulder along their back to the tip of their other shoulder.

Thigh Length

Measure the distance from the middle of the child's hipbone to the center of the child's knee.

Torso Length

Measure from the base of your neck straight downwards to right above where the hip bones start.

Waist Circumference

Measure the distance around the center of your hips.

Weight

Indicate the child's weight in pounds.

Width of Hand

Measure the circumference of the child's hand at the widest part (usually their knuckles).

Wingspan

Have the child hold their arms straight out at a 90-degree angle from your body and measure from wrist to wrist.



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Measurements

Child's Name: _____

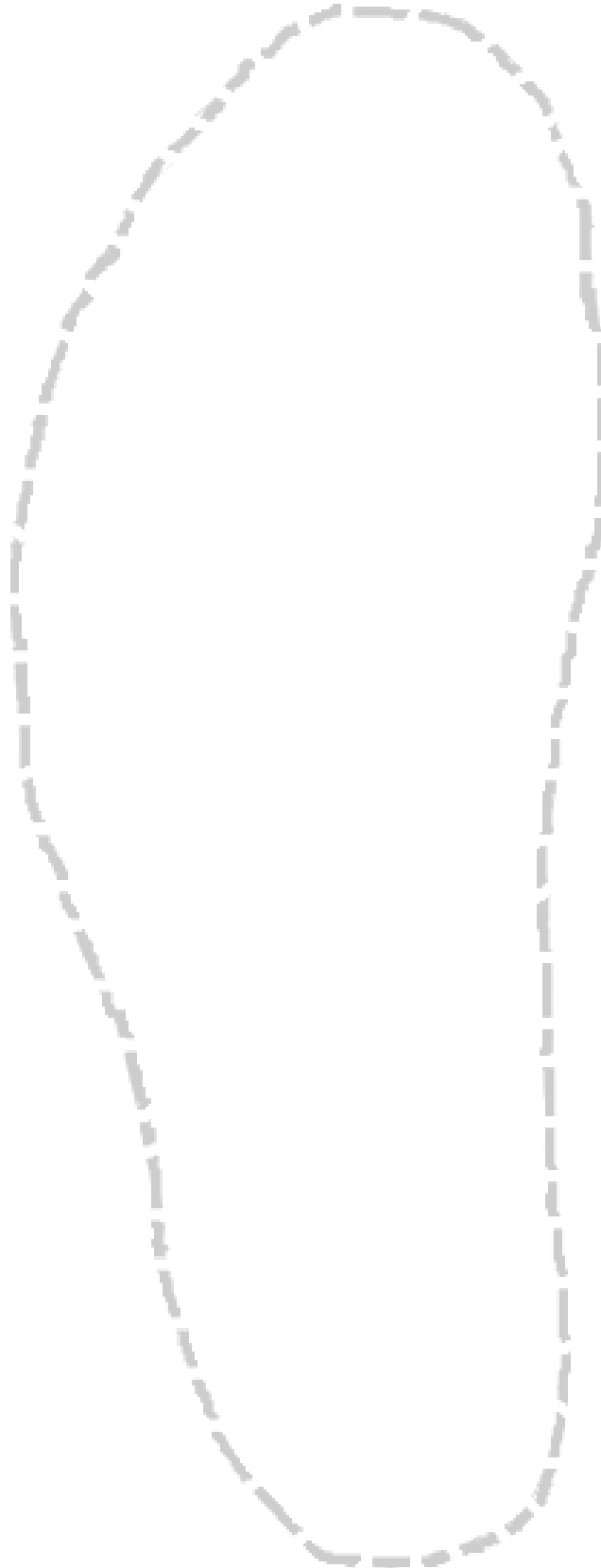
Item	Measurement
Age	
Armpit Height	
Bicep Circumference	
Chest Circumference	
Elbow Length	
Floor to Bent Arm Height	
Floor to Wrist Height	
Foot Size	Trace on page 5.
Forearm Length	
Gender	
Hand Size	Trace on page 6.
Head Circumference	
Height	
Inseam	

Item	Measurement
Left/Right	
Leg Length	
Mid-Thigh Length	
Nose Height	
Overhead Wrist Length	
Shin Length	
Shoe Size	
Shoulder Width	
Thigh Length	
Torso Length	
Waist Circumference	
Weight	
Width of Hand	
Wingspan	



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Foot Tracing





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Hand Tracing

