



# Hockey Alberta Regional Centre Calgary Female Development Camp



## Cardel Rec South - Calgary, Alberta August 14/15/16, 2020

**\*\* Please check in half-hour prior to your first session. Schedule is subject to change\*\***

### Friday, August 14, 2020

	Birth Years	Time	Session	Location
I N	2012 to 2015	4:30 PM – 5:30 PM	On-Ice	Ice Sheet #4
A	2010 to 2011	5:45 PM – 6:45 PM	On-Ice	Ice Sheet #4
PW	2008 to 2009	7:00 PM – 8:00 PM	On-Ice	Ice Sheet #4
B	2006 to 2007	8:15 PM – 9:15PM	On-Ice	Ice Sheet #4
I N	2012 to 2015	6:00 PM – 7:00 PM	Off-Ice Team Building	Cardel Court Gym
A	2010 to 2011	7:15 PM – 8:15 PM	Off-Ice Team Building	Cardel Court Gym
PW	2008 to 2009	8:30 PM – 9:30 PM	Off-Ice Team Building	Cardel Court Gym
B	2006 to 2007	9:45 PM – 10:45 PM	Off-Ice Team Building	Cardel Court Gym

### Saturday, August 15, 2020

	Birth Years	Time	Session	Location
I N	2012 to 2015	9:00 AM – 10:00 AM	On-Ice	Ice Sheet #4
A	2010 to 2011	10:15 AM – 11:15 AM	On-Ice	Ice Sheet #4
PW	2008 to 2009	11:30 AM – 12:30 PM	On-Ice	Ice Sheet #4
B	2006 to 2007	12:45 PM – 1:45 PM	On-Ice	Ice Sheet #4
I N	2012 to 2015	10:30 AM – 11:30 AM	Yoga	Flames Room
A	2010 to 2011	11:45 AM – 12:45 PM	Yoga	Flames Room
PW	2008 to 2009	1:00 PM – 2:00 PM	Yoga	Flames Room
B	2006 to 2007	2:15 PM – 3:15 PM	Yoga	Flames Room
I N	2012 to 2015	11:45 AM – 12:45 PM	Off-Ice Development	Cardel Court Gym
A	2010 to 2011	1:00 PM – 2:00 PM	Off-Ice Development	Cardel Court Gym
PW	2008 to 2009	2:15 PM – 3:15 PM	Off-Ice Development	Cardel Court Gym
B	2006 to 2007	3:30 PM – 4:30 PM	Off-Ice Development	Cardel Court Gym
I N	2012 to 2015	2:15 PM – 3:15 PM	On-Ice	Ice Sheet #4
A	2010 to 2011	3:30 PM – 4:30 PM	On-Ice	Ice Sheet #4
PW	2008 to 2009	4:45 PM – 5:45 PM	On-Ice	Ice Sheet #4
B	2006 to 2007	6:00 PM – 7:00 PM	On-Ice	Ice Sheet #4

### Sunday, August 16, 2020

	Birth Years	Time	Session	Location
I N	2012 to 2015	9:00 AM – 10:00 AM	On-Ice	Ice Sheet #4
A	2010 to 2011	10:15 AM – 11:15 AM	On-Ice	Ice Sheet #4
PW	2008 to 2009	11:30 AM – 12:30 PM	On-Ice	Ice Sheet #4
B	2006 to 2007	12:45 PM – 1:45 PM	On-Ice	Ice Sheet #4
I N	2012 to 2015	10:30 AM – 11:30 AM	Multi-Sport Session	Cardel Court Gym
A	2010 to 2011	11:45 AM – 12:45 PM	Multi-Sport Session	Cardel Court Gym
PW	2008 to 2009	1:00 PM – 2:00 PM	Multi-Sport Session	Cardel Court Gym
B	2006 to 2007	2:15 PM – 3:15 PM	Multi-Sport Session	Cardel Court Gym

Code: **I N** = Initiation & Novice Combined  
**A** = Atom  
**PW** = PeeWee  
**B** = Bantam