APPENDIX "VII" MINIMUM SUSPENSIONS

The following chart shows the minimum suspensions that must be assessed to all Players and Team Officials for a violation of the corresponding Playing Rule. Game Misconduct or Gross Misconduct infractions that occur within the last ten (10) minutes of a game will automatically have one (1) additional game added to the suspension for both Players and Team Officials.

Infractions showing the number of games for the length of suspension are automatic, based on the Referee's call, and are not subject to Appeal. Infractions that carry an 'Indefinite' suspension, result in an investigation of the incident taking place prior to Hockey Alberta rendering a decision on the length of suspension. Indefinite Suspension decisions can be subject to Appeal.

RULE		SUSPENSION LENGTH		
#	INFRACTION	MINOR, MINOR FEMALE	JUNIOR B, C, JUNIOR FEMALE	SENIOR MALE
2.2	Ineligible Players / Team Officials			
	Team Official who is party to or had knowledge of playing a Player not properly registered with that team or properly affiliated to that team and/or allowing a Team Official who is not properly registered to that team to participate on the bench.	Indefinite	Indefinite	Indefinite
	Team Official who is party to or had knowledge of playing a player or allows a Team Official to participate on the bench who is under suspension.	Indefinite	Indefinite	Indefinite
4.8	Game Ejection / Game Misconduct			
	Any Player assessed multiple Game Misconducts in the same stoppage of play. 2 Game Misconducts		1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	3 or More Game Misconducts		Indefinite	Indefinite
4.9	Gross Misconduct			
	Any Gross Misconduct assessed to a Player or Team Official not otherwise covered within these guidelines.	3 Games (4 games in the last 10 mins)	3 Games (4 games in the last 10 mins)	3 Games (4 games in the last 10 mins)
7.1	Attempt to Injure			
	Attempt to Injure where a five (5) minute major penalty plus a Game Misconduct is assessed	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	Attempt to Injure when a Match penalty is assessed	3 Games	3 Games	3 Games
7.2	Boarding			
	Boarding where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)		
	Boarding when a Match penalty is assessed.	3 Games		

		SUSPENSION LENGTH			
RULE#	INFRACTION	MINOR, MINOR FEMALE	JUNIOR B, C, JUNIOR FEMALE	SENIOR MALE	
7.3	Body Checking				
	Body Checking where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)			
	Body Checking when a Match penalty is assessed.	3 Games			
7.4	Charging				
	Charging where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)			
	Charging when a Match penalty is assessed.	3 Games			
7.5	Checking from Behind				
	Checking from behind where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)	1 Games (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	
	Checking from behind when Match penalty is assessed.	3 Games	3 Games	3 Games	
7.6	Head Contact				
	Head Contact where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)			
	Head Contact when Match penalty is assessed.	3 Games			
7.7	Head Contact				
	Head Contact where a five (5) minute major penalty plus a Game Misconduct is assessed.		1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	
	Head Contact when Match penalty is assessed.		3 Games	3 Games	
7.8	Kneeing				
	Kneeing where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	
	Kneeing when a Match penalty is assessed.	3 Games	3 Games	3 Games	
7.9	Roughing				
	Roughing where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)			
	Roughing when a Match penalty is assessed.	3 Games			

RULE	NED A OFICE	SUSPENSION LENGTH			
#	INFRACTION	MINOR, MINOR FEMALE	JUNIOR B, C, JUNIOR FEMALE	SENIOR MALE	
7.10	Fighting				
	Any player who engages in their 1 st fight in a season and is assessed a Major and a Game Misconduct.	1 Game (2 Games in the last 10 mins)			
	Any player who engages in their 2nd fight in a season and is assessed a Major and a Game Misconduct.	2 Games (3 Games in the last 10 mins)			
	Any player who engages in their 3 rd fight in a season and is assessed a Major and a Game Misconduct.	4 Games (5 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	
	Any player who engages in their 4 th fight in a season and is assessed a Major and a Game Misconduct	Indefinite	2 Games (3 Games in the last 10 mins)	2 Games (3 Games in the last 10 mins)	
	Any player who engages in their 5 th fight in a season and is assessed a Major and a Game Misconduct		3 Games (4 Games in the last 10 mins)	3 Games (4 Games in the last 10 mins)	
	Any player who engages in their 6 th fight in a season and is assessed a Major and a Game Misconduct		Indefinite	Indefinite	
	Pre/Post Game Altercations				
	Any Player involved where fighting Majors and Game Misconduct penalties are assessed.	2 Games (3 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	
	Any Coach of Team whose players are so penalized	Indefinite	3 Games (4 Games in last the 10 mins)	3 Games (4 Games in the last 10 mins)	
	Any Player wearing a ring or rings, tape or any other material on his/her hands who becomes involved in a fight and is assessed a Match Penalty	3 Games	3 Games	3 Games	
	Any Player who joins in a fight or acts as a peacemaker	2 Games (3 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	
	Any Player who takes part in another or secondary fight during the same stoppage of play	3 Games (4 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	
	Any Player fighting or joining a fight with a Team Official	3 Games (4 Games in the last 10 mins)			
7.11	Instigator & Aggressor of a Fight First Offence	1 Game	1 Game	1 Game	
	Second Offence Third Offence	3 Games Indefinite	3 Games Indefinite	3 Games Indefinite	
	A Coach of a Team whose Player is penalized for a third offence of Instigator or Aggressor.		3 Games	3 Games	
	*Rule 7.11 (a) Note: If a Player is assessed both penalties in the same altercation, they would be suspended for both offences.				

RULE	INFRACTION	SUSPENSION LENGTH		
#	INFRACTION	MINOR, MINOR FEMALE	JUNIOR B, C, JUNIOR FEMALE	SENIOR MALE
8.3	Interference			
	Interference where a five (5) minutes major plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)		
	Interference when a Match penalty is assessed.	3 Games		
8.4	Interference from the Bench			
	Interference from the Bench where a five (5) minute major plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)		
	Interference from the Bench when a Match penalty is assessed.	3 Games		
8.5	Interference with the Goaltender			
	Interference on the goaltender where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	Interference on the goaltender where a Match penalty is assessed.	3 Games	3 Games	3 Games
8.7	Clipping			
	Clipping where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)	1 Games (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	Clipping when a Match penalty is assessed	3 Games	3 Games	3 Games
8.8	Slew Footing			
	Slew Footing when a Match penalty is assessed.	3 Games	3 Games	3 Games
9.1	Butt Ending			
	Butt Ending where a Match penalty is assessed.	3 Games	3 Games	3 Games
9.2	Cross Checking			
	Cross Checking where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	Cross Checking where a Match penalty is assessed.	3 Games	3 Games	3 Games

RULE	INFRACTION	SUSPENSION LENGTH		
#		MINOR, MINOR FEMALE	JUNIOR B, C, JUNIOR FEMALE	SENIOR MALE
9.3	Slashing			
	Slashing where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	Slashing where a Match penalty is assessed.	3 Games	3 Games	3 Games
9.4	Spearing			
	Spearing where a Match penalty is assessed.	3 Games	3 Games	3 Games
9.5	High Sticking			
	High Sticking where a five (5) minute major plus Game Misconduct are assessed.		1 Game (2 Games in the last 10 mins)	
10.4	Leaving a Bench for the Purpose of Fighting			
	Any player assessed a Game Misconduct identified as first to leave the players' bench or penalty bench during a fight or for the purpose of fighting.	3 Games (4 Games in the last 10 mins)	3 Games (4 Games in the last 10 mins)	3 Games (4 Games in the last 10 mins)
	Any Coach whose Player is identified as first to leave the player's bench or penalty box during a fight or for the purpose of fighting.	3 Games (4 Games in the last 10 mins)	2 Games (3 Games in the last 10 mins)	2 Games (3 Games in the last 10 mins)
	Any Coach whose Player is not identified as first to leave the player's bench or penalty box during a fight or for the purpose of fighting.	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	Any Player or Team Official who, having been removed from the game due to a Game Ejection, Game Misconduct, Gross Misconduct, or Match Penalty, returns to the ice surface or becomes involved with or disrupts the game in any way.	Indefinite	Indefinite	Indefinite
10.5	Throwing or Shooting Stick or Object			
	Throwing or Shooting Stick or Object when a five (5) minute major plus a Game Misconduct is assessed.	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	Throwing or Shooting Stick or Object when a Match penalty is assessed.	3 Games	3 Games	3 Game

RULE	INTER ACTION	SUSPENSION LENGTH		
#	INFRACTION	MINOR, MINOR FEMALE	JUNIOR B, C, JUNIOR FEMALE	SENIOR MALE
10.6	Removing Equipment to Fight			
	Any Player who removes their chinstrap before or during a fight.		2 Games (3 Games in the last 10 mins)	2 Games (3 Games in the last 10 mins)
	If a Player removes their helmet and releases their chinstrap to fight & the opposing Player doesn't, the former will be assessed an additional two-minute minor penalty.		2 Games (3 Games in the last 10 mins)	2 Games (3 Games in the last 10 mins)
	Any Player who removes an opponent's helmet or releases an opponent's chinstrap before or during a fight.		2 Games (3 Games in the last 10 mins)	2 Games (3 Games in the last 10 mins)
10.8	Refusing to Start Play			
	Any Team Official assessed a Major Penalty and a Game Misconduct under this rule.	Indefinite	Indefinite	Indefinite
11.1	Unsportsmanlike Conduct			
	Any Player or Team Official assessed a Game Misconduct for Unsportsmanlike Conduct.	1 Game		
11.2	Abusive Behaviour			
	Any Player or Team Official assessed a Game Misconduct for Disrespectful, Abusive and Harassing Behaviour.	2 Games (3 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	Any Player or Team Official assessed a Gross Misconduct for Disrespectful, Abusive and Harassing Behaviour.	3 Games (4 Games in the last 10 mins)	2 Games (3 Games in the last 10 mins)	2 Games (3 Games in the last 10 mins)
11.3	Spitting			
	Any Player or Team Official assessed a Match Penalty for deliberately spitting on or at an opponent, official, team official, or spectator.	5 Games	5 Games	5 Games
11.4	Discrimination			
	Any Player or Team Official assessed a Gross Misconduct for Discrimination.	Indefinite (minimum 5 games)	Indefinite (minimum 5 games)	Indefinite (minimum 5 games)
11.5	Physical Harassment of Officials			
	Any Player or Team Official assessed a Game Misconduct Penalty for Physical Harassment of Officials	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)	1 Game (2 Games in the last 10 mins)
	Any Player or Team Official assessed a Match Penalty for Physical Harassment of Officials	Indefinite	Indefinite	Indefinite
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Accumulation Sanctions for Minor Hockey Players

Players that incur multiple infractions of the same nature over the course of the season will be assessed the following accumulation suspensions in place of the minimum.

Any player accumulating multiple Major penalties in the same season, for any of the infractions below, will be assessed the following suspension:

- Attempt to Injure or Deliberate Injury 7.1
- 7.2 Boarding
- 7.3 **Body Checking**
- Charging 7.4
- Checking from Behind 2 Major Penalties 2 Games (3 Games in last 10 mins) 7.5 7.6 **Head Contact** 3 Major Penalties 4 Games (5 Games in last 10 mins) 4 Major Penalties Indefinite

2 Match Penalties

3 Match Penalties

- 7.8 Kneeing
- Roughing 7.9
- Interference 8.3
- Interference from the Bench 8.4
- Interference with the Goaltender 8.5
- 8.7 Clipping
- Cross-Checking 9.2
- Slashing 9.3
- Throwing or Shooting Stick or Object 10.5

Any player accumulating multiple Match penalties in the same season, for any of the infractions below, will be assessed the following suspension:

- 7.1 Attempt to Injure or Deliberate Injury
- 7.2 Boarding
- **Body Checking** 7.3
- Charging 7.4
- Checking from Behind 7.5
- Head Contact 7.6
- Kneeing 7.8
- 7.9 Roughing
- 8.3 Interference
- 8.4 Interference from the Bench
- Interference with the Goaltender 8.5
- Clippina 8.7
- Slew Footing 8.8
- **Butt-Ending** 9.1
- Cross Checking 9.2
- 9.3 Slashing
- Spearing 9.4
- Throwing or Shooting Stick or Object 10.5

Any player accumulating multiple Game Misconducts or Gross Misconducts in the same season, for any of the infractions below, will be assessed the following suspension:

11.1 Unsportsmanlike Conduct / Misconduct 2 Game Misconducts = 2 Games

(3 Games in last 10 mins)

5 Games

Indefinite

3 Game Misconducts Indefinite

11.2 Disrespectful, Abusive and Harassing 2 Game Misconducts

Behaviour

= 4 Games

(5 Games in last 10 mins)

= Indefinite 3 Game Misconducts

2 or more Gross Misconducts = Indefinite

11.4 Discrimination 2 or more Gross Misconducts = Indefinite

11.5 Physical Harassment of Officials 2 Game Misconducts = Indefinite

Accumulation Sanctions for Junior & Senior Hockey Players

Players that incur multiple infractions of the same nature over the course of the season will be assessed the following accumulation suspensions in place of the minimum.

Any player accumulating multiple Game Misconducts or Gross Misconducts in the same season, for any of the infractions below, will be assessed the following suspension:

- 7.1 Attempt to Injure or Deliberate Injury
- 7.5 Checking from Behind 2 Major Penalties = 2 Games (3 Games in last 10 mins) 7.7 Head Contact 3 Major Penalties = 4 Games (5 Games in last 10 mins)
- 7.8 Kneeing 4 Major Penalties = Indefinite
- 8.5 Interference with the Goaltender
- 8.7 Clipping
- 9.2 Cross-Checking
- 9.3 Slashing
- 9.5 High Sticking
- 10.5 Throwing or Shooting Stick or Object

Any player accumulating multiple Match penalties in the same season, for any of the infractions below, will be assessed the following suspension:

- 7.1 Attempt to Injure or Deliberate Injury
- 7.5 Checking from Behind 2 Match Penalties = 5 Games 7.7 Head Contact 3 Match Penalties = Indefinite
- 7.8 Kneeing
- 8.5 Interference with the Goaltender
- 8.7 Clipping
- 8.8 Slew Footing
- 9.1 Butt-Ending
- 9.2 Cross Checking
- 9.3 Slashing
- 9.4 Spearing
- 10.5 Throwing or Shooting Stick or Object
- 11.2 Disrespectful, Abusive and Harassing 2 Game Misconducts = 2 Games (3 games in last 10 mins)

Behaviour 3 Game Misconducts = Indefinite

2 or more Gross Misconducts = Indefinite

- 11.4 Discrimination 2 or more Gross Misconducts = Indefinite
- 11.5 Physical Harassment of Officials 2 or more Game Misconducts = Indefinite

Accumulation Sanctions for Hockey Coaches

Coaches that incur multiple infractions of the same nature over the course of the season will be assessed the following accumulation suspensions in place of the minimum.

The Coach of a Team that receives a combination of three (3) Major (including Fighting) or Match penalties in the same game.

1 Game

The Coach of a Team that commits a second violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game.

3 Games

The Coach of a Team that commits a third violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game.

Indefinite

Any Coach accumulating multiple Game or Gross Misconducts in the same season, for any of the infractions below, will be assessed an additional suspension as outlined here:

11.1 Unsportsmanlike Conduct / Misconduct

2 Game Misconducts = 2 Games 3 Game Misconducts = Indefinite

11.2 Disrespectful, Abusive and Harassing

2 Game Misconducts = 4 Games

Behaviour

3 Game Misconducts = Indefinite

2 or more Gross Misconducts = Indefinite

11.4 Discrimination

2 or more Gross Misconducts = Indefinite

^{**}Updated August 3, 2023**